



Frequently Asked Questions

To help with our return to sport, here are some answers to questions our members have asked in response to our gymnast survey:

Question 1:

Can volunteers help gymnasts whilst practising a skill or getting on or off a piece of apparatus? Unfortunately, due to the 2m physical distancing ruling, our volunteers are unable to support a gymnast. For this reason, additional equipment will be used to give gymnasts assistance.

Question 2:

Our children are not used to going into a building without their parents/carers. I'm worried they will be anxious about this and how can you help with this? Unfortunately, due to the rulings we must operate within we are unable to allow parents/carers into the building unless they are accompanying a child with additional support needs. Parents/carers are expected to stay with our gymnasts until they are signed and then can say their goodbyes. As soon they are in the building, they are welcomed by our Return to Sport Officers who will guide to the hall and their gymnast grouping bubble. If a child has additional support needs (and is unable to participate without physical assistance), the parent/carer is expected to always accompany their child throughout their class. This is with prior agreement with parent/carer and our Head Coach. This extra adult will be counted as part of our maximum operating capacity numbers for our halls.

Question 3:

With everything that is going on in the world now, my child is a little nervous about returning, we are wondering when do we send them back to class? If you or your child are uncomfortable about returning currently, please wait until you feel happier to send your child back to their class. We are not able to advise when you should return, this is your decision which we completely understand. If you know you

will not be sending your child to our classes for whatever reason, please email us to advise mail@enigmagymnasticsclub.co.uk

Question 4:

How do we contact our gymnasts' coach? If a message is required to be passed on, please email (as above) or call Jenn 07775 243 453. If possible, please do this at least the day before they attend their class. Very short messages can be passed on via our Return to Sport Officers and our Covid Officers who are positioned at sign in and sign out.

Question 5:

How do parents know where to drop off and collect gymnasts from? When dropping off, parents with face coverings on should wait in the line with their child along the front of the PE annex, socially distance, there are markers on the wall and slabs. Please note in the dark the markers on the wall are difficult to see but the ones on the slabs can be seen. When collecting your child, parents with face coverings on should wait in 2 lines at the rear of the PE annex, the side that looks onto the car park. Again, there are markers on the wall and slabs. Please line up, socially distanced, nearest the hall doors your child will be at. The first set of double doors, gymnasium, will have the green and orange groups and the second set of double doors, sportshall, will have the red and yellow groups. We are doing it this way to reduce gymnast bubble interactions. Please ensure you know which group your child is in. They are advised at sign in.

Question 6:

I am concerned about children not sanitising, what has the club put in place to address this? Gymnasts and Volunteers sanitise on entry to the building, when entering the halls, after every apparatus rotation and just before exiting the building.

Question 7:

I am slightly worried about my child mixing when children from other schools and locality areas, how is the Club addressing this? We have allocated gymnasts to a grouping called a "gymnast bubble". The children are grouped according to ability by the last proficiency award they have undertaken (pre covid). This is now their group and will remain in this until further notice. The groups are named after colours: Red, Orange, Yellow and Green. Our volunteers are also assigned to these bubbles.

Question 8:

Can you advise how apparatus will be cleaned, so it is clean for my child when attending their class? We have been advised by our governing body to spot clean our equipment before and after every class as well as ensuring all touch points are cleaned frequently during the period of our hire.

Question 9:

What are the procedures the Club has in place to inform families of a positive case? Like school, we would work with Test and Protect, and they would be in contact with you if your child requires to self-isolate. If a child has been advised to self-isolate, please do not send them to their class until their self-isolation period is complete.

Question 10:

Should we bring our child to class if we or they are feeling unwell? We ask all parents/carers to read our screening questions before they bring their child to class. If you answer "YES" to any of the questions we ask you do not accompany your child to class and that they are not sent. You may require seeking further advice from a medical practitioner.

Question 11:

Will temperature checks be taken before gymnasts enter the PE annex? As a club we have decided not to administer temperature checks before entering. This is because of the advice given by our governing body and the reliability of temperature checks in children.

Question 12:

I am concerned about the length of time my child has not done gymnastics for and her fitness level and ability, what measures are the club putting in place to address this? We are aware not all gymnasts will have kept up their fitness even though we sent out a programme of activity they could have taken part in during our time off and this will be considered by our lead coaches in charge of planning activity for their groups.

Question 13:

For those who are exempt from wearing face coverings, I am concerned if anything is said to me or my child? Anyone who is exempt from wearing a face covering is encouraged to wear an exemption lanyard to enter the

building unless this is not appropriate for the child. You can also inform us of their exemption, and we will ensure our volunteers are aware.

Question 14:

Can I pay cash for fees or merchandise at sign in/sign out? All payments now need to be made by bank transfer or standing order. You will be provided with the relevant information by email when a payment is due.