



Club Newsletter

Volume 1, Issue 4

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Visit our website:

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Inside this issue:

Holiday Sports Camps	2
Olympic training session	2
Iceland Bag Pack	3
Visit from Sula	3
McDonald's Masco- tathon	3
Contact the Committee	4
Leven Rose Queen Concert	4

Welcome

Welcome to the fourth newsletter of Enigma Gymnastics Club.

Opened in August 2011, the club is growing from strength to strength.

Within our first year so much has happened. This has been possible due to a team of dedicated people working hard behind the scenes to set up the club.

Our fourth newsletter is to keep you updated with what we are doing at present and our plans for the future.

STOP PRESS : Milano designs club clothing

If anybody is interested in purchasing club clothing (leotards, 3/4 length leggings, unitards and / or longs) please contact Tracy our club secretary.



An order will be placed during the summer holidays. Prices are as follows, all including club discount due to money raised from fund-raising activities over the past year.

Discount applies on 1st leotard or unitard as well as 1st 3/4 length leggings or longs.

Leotards:		3/4 length leggings:	
24" - 32"	£23.00	24" - 32"	£13.00
34" +	£26.00	34" +	£15.00
Unitard		Longs:	
26" - 32"	£22.00	26" - 32"	£16.00

Please note for those gymnasts attending a 45minute training session children do not require to buy the uniform but are very welcome if parents desire.

It is the club's intention to have t-shirts available to purchase soon.



Rejoining after the summer holidays

Well it's the last weekend before the Club closes for summer holidays. The last term has certainly gone in quickly.

All gymnasts will now have a 6 week break from gymnastics with Enigma GC.

Behind the scenes, our Committee are in the process of making up class lists for training sessions starting in August.

Everyone will be notified during the summer holidays of their training times, details of payment options for fees and necessary SGA membership payments.

The terms for session 2012-2013 are:

13th August—7th October 2012

22nd October—16th December 2012

14th January—24th March 2013

15th April— 23rd June 2013

The Committee are looking forward to seeing you all then and wish you all a happy and safe summer holiday.





Holiday Sports Camps



During the Easter holidays we were invited to take part in the Kirkland HS cluster primary Sports Camp.

As one of the many clubs taking part, we provided gymnastics coaching for children in P5—P7 from Aberhill, Balcurvie, Denbeath and Mountfleurie primaries.

In conjunction with Active Schools and Sports Development teams, our older gymnasts helped to run fun and interesting sessions throughout a whole week.

Many thanks must go to all of them for giving up a week of their spare time.

Again our older gymnasts will be on hand to deliver gymnastics coaching during the last week of the summer holidays.

Enigma GC has been asked to provide another week of activities by Active Fife's Sports Development and Active Schools teams. By taking part in this week we will be introducing children in P4—S1 to one of the many opportunities available to them on their doorstep. As well as gymnastics, children can select another 3 sports and be coached in them.

All the fun is happening at Kirkland High School & Community College, 6th August – 10th August, 9.00 am – 3.00 pm. Only costing £15 for the whole week. Its not too late to sign up for the week. For further information please contact Active Fife Sports Development Office 01383 602393.



Our training session celebrating the Olympics

Sunday 17th June saw our gymnasts from the preschool and P1-P4 classes take part in their very own training session to celebrate the arrival of the Olympics.

The hour long session involved an opening and closing ceremony along with throwing, jumping, running and team relay based activities.

Not only were the gymnasts challenged but the coaches were set the task to teach the children the London 2012 Mascot routine. This is a very fast action packed routine involving lots of Olympic sports all done to music.

The training session continued with parachute games and 3 circuit based stations involving balance, co-ordination and strength activities.



All gymnasts were presented with a laurel crown, medal and trophy for taking part in the training session.

Many thanks must go to all those who supported the training session and to the older gymnasts / coaches for their enthusiasm and encouragement shown throughout the session. This not only includes physically setting up the equipment but also helping to decorate the gym hall to create our Olympic stadium.





Iceland Bag Pack



On Saturday 23rd June, members of the Club embarked on a day of bag packing.

Iceland on the High Street in Leven was kind enough for us to man 2 tills all day.

Gymnasts and parents were given a one hour slot throughout the day.

Members of the public donated very kindly and we raised a total of £240.32.

Many thanks must go to Linda for organising us all and a special thank you to all those who gave up time to assist with our 1st bag pack.

I'm sure this will be the first of many, so if you didn't get a chance to take part in a bag pack please don't feel left out as your chance will come.

In fact, there is talk of one and the Dads maybe required to help.

We will keep you posted of further fundraising activities.



Visit from Sula, Olympic Torch bearer

On Friday 29th June Enigma GC played host to Sula Powell. She carried the Olympic flame on Tuesday 12th June in Cupar when the Olympic Torch relay visited Fife.

Sula, who is the current Miss Teen Fife and was a finalist for Miss Teen Great Britain 2011 and Europe's Perfect Teen 2011, was nominated for the honour in recognition of the charity work,

including for Cancer Research, Maggie's, CHAS and RDA help, which she carries out on a regular basis.

As a 15 year old from Windygates, Sula is such an inspiration and for her to come to Enigma GC fielding a question and answer session from both parents and gymnasts, the Club is truly honoured. After posing for many photographs, Sula was invited to

watch our display team perform their newly altered routine.

Many thanks must go to all who came to see her, Sula and, of course, her Mum, Lorraine.



McDonald's Mascotathon



June has certainly seen a London 2012 focus for members of

Enigma Gymnastics Club, both gymnasts and coaches.

Mandeville, mascot for the Paralympic Games, visited McDonalds in Kirkcaldy.

Not needing an excuse for visiting the fast food restaurant, gymnasts and parents headed

to see Mandeville and took part in a series of fun challenges recording their physical activity levels. All were rewarded with prizes from McDonalds.

Of course, too much healthy activity is never a good thing and all had to sample the fast food before leaving.

Contact the Committee:

Chairperson/Lead Coach

Jennifer Mann

clubcoach@enigmagymnasticsclub.co.uk

Vice Chairperson

Linda Cameron

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Secretary

Tracy McKain

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Treasurer

June Cumming

clubtreasurer@enigmagymnasticsclub.co.uk

50 / 50 Club Winner

Well done to Abby Lloyd and her family who have won the 3rd 50 / 50 prize draw. The prize money was £168. Enjoy and what a nice surprise for the start of the summer holidays.

Remember its never to late to join the 50/50 club. With standing order payments for training fees due to be set up during the summer holidays there is never a better time to join.



The 50/50 club is open to anyone who wishes to pay £4 per month for 9 months. It is an opt in or out way of fundraising for the Club.

Training fees for gymnasts are set with the 50 / 50 club included, however, training fees can be paid without this amount.

Please get in contact with our Club Treasurer for further information.



Leven Rose Queen Concert

Members of Enigma GC Display Team have taken part in their first public performance.

The Display team was invited to perform at the Rose Queen Concert held at Carberry House.



With a display to Shake it Out by Florence and the Machine, our 16 strong display team managed to choreograph a routine. Not as easy as it seems as it was all to be done outside and on grass.

Although the sun was splitting the sky in the morning, when final touches were being added on the Prom in Leven, rain did begin to fall as the team waited to perform. It didn't stop them as they performed a fantastic mixture of balances, adapted floor skills and dance.

With many of our parents being involved in the organising committee for the Rose Queen it was really nice for the tables to be turned and for once for the gymnasts to support their mums as opposed to parents supporting their children.

Well done to all who took part and supported the team in whatever means on the day.

Did you know?



- We have 60 members in our gymnastics club;
- We have affiliated to Fife Gymnastics Network;
- Training sessions will recommence week commencing 13th August 2012;
- Shona and Sheena have attended BGA Safe Gym for All child protection training. Their role is to ensure the Club provides a safe environment to learn gymnastics. If you require to get in touch please email: clubcpc@enigmagymnasticsclub.co.uk

